

## PLANNING ACQUAFITNESS NATALE 2019

	LUNEDI' 23	MARTEDI' 24	GIOVEDI' 26	VENERDI' 27	SABATO 28	DOMENICA 29	LUNEDI' 30	MARTEDI' 31	GIOVEDI' 2	VENERDI' 3	SABATO 4	DOMENICA 5	LUNEDI 6
07:15	GYM SANDRO						GYM SANDRO						
08:45	GYM SANDRO						GYM SANDRO						GYM SANDRO
10:00	DOLCE SANDRO					GYM CHIARA	DOLCE SANDRO					GYM MARCO	
10:30			GYM MARCO	DOLCE MIRIAM						DOLCE MIRIAM			
11:15	11.30 GESTANTI LAURA	GYM ANNALISA		GYM MIRIAM		11.00 BIKE CHIARA	11.30 GESTANTI LAURA	GYM LAURA		GYM MIRIAM		11.00 BIKE MARCO	
11:45					GYM YURJ						GYM MARCO		
13:00	GYM SANDRA	BIKE TONIA		GYM MARCO	BIKE YURJ		GYM SANDRA		BIKE TONIA	GYM MARCO	BIKE MARCO		
13:00		DEEP MARCO						DEEP LAURA	DEEP SANDRO				
14:30		GYM TONIA							GYM TONIA				
15:15									GESTANTI MIRIAM				
18:15	CHRISTMAS GYM			BIKE MARCO						BIKE ILENA			
19:10							DEEP DREN MARCO						
19:10									GYM LAURA				
20:00							BIKE SIMONA		BIKE ILENA				

